

BRUNCH MENU 11am-3pm

Small Plates

HOME MADE POTATO CHIPS 10.00

With grilled onion dip

HUMMUS PLATTER 14.00

With roasted peppers, Kalamata olives and cucumbers, pita (extra pita ..add \$2)

COCONUT SHRIMP 16.00

With a horseradish orange dipping sauce

MEATBALL AND RICOTTA \$12

2 meatballs simmered in tomato sauce topped with seasoned ricotta

CHICKEN BITES 12.00

with choice of bbq, teriyaki, buffalo sauce honey mustard or blue cheese

PAN SEARED LUMP CRAB CAKE 18.00

Topped with corn, bacon and Dijon aioli

CRISPY CHICKEN WINGS 14.00

with choice of bbq, teriyaki, buffalo sauce And carrots, celery and blue cheese

CHICKEN CHEESE QUESADILLA 16.00

With salsa, guacamole and sour cream

TERYAKI CHICKEN POTSTICKERS 14.00

4 over SPICY Asian coleslaw

Fresh Salads

Blue cheese, ranch, 1000 is, Balsamic vinaigrette, Honey mustard, Italian **Add Chicken 6.00**

Add Shrimp 8.00 add Salmon 12.00

Add a scoop of Chicken salad or Tuna salad 6.00

MEL'S WAY SALAD 12.00

Mixed Greens, tomato, cucumber, red onion, Choice of dressing

CAESAR SALAD 14.00

Romaine Hearts, fresh herb croutons, topped with Asiago Parmesan

CRISPY CHICKEN B.L.T SALAD 16.00

Mixed greens with panko crusted chicken breast Bacon, tomatoes and sprinkled cheddar w/ranch

SEASONAL SALAD 14.00

Spinach, oranges, cranberries, walnuts, goat cheese In a sweet orange dressing

THE WEDGE SALAD 12.00

Iceberg lettuce, chunky blue cheese dressing, Bacon and tomatoes

CAPRESE & PROSCIUTTO SALAD 16.00

Tomato, fresh mozzarella, roasted peppers, prosciutto Topped with balsamic glaze

STEAK SALAD 21.00

Sliced sirloin, mixed greens, black olives, red onion, tomatoes, crumble gorgonzola, balsamic vinaigrette

Breakfast Favorites

BREAKFAST SANDWICH \$14

Bacon, egg and cheese on French bread Served with home fries or fruit

BAGEL & LOX PLATTER \$16

Smoked salmon, red onion, capers, cream cheese Choice of plain or everything bagel

AVOCADO TOAST \$14

Toasted bread slices with avocado spread and sliced boiled egg and bruschetta tomatoes served with fruit

VEGGIE OMELETTE \$16

Mixed veggies, cheddar cheese served with toast and fruit

Soup

SOUP OF THE DAY

Cup 5 bowl 9

LUNCH SPECIAL \$9

No Discounts
Not available for parties

½ SANDWICH WITH CHOICE OF ONE SIDE

Ham, Turkey, Chicken Salad or Tuna Salad with lettuce and tomato on white bread, wheat or Rye

Side choice: *Soup of the day, House salad, Caesar salad, soup of the day, steak fries, coleslaw, potato salad, fresh fruit or homemade chips*

½ GRILLED CHEESE SANDWICH

Side choice *Soup of the day, House salad, Caesar salad, soup of the day, steak fries, coleslaw, potato salad, fresh fruit or homemade chips*

SOUP OF THE DAY & CHOICE OF SIDE SALAD

house salad or Caesar salad

ADD GRILLED CHICKEN 6.00 ADD GRILLED SHRIMP 8.00

½ HOUSE SALAD W/GRILLED CHICKEN

With mixed greens, iceberg, tomato, cucumber and red onion

½ CAESAR SALAD W/GRILLED CHICKEN

Sandwiches & More

All sandwiches served with choice of steak fries, coleslaw, potato salad, fresh fruit or homemade potato chips, Substitute for soup, salad, Caesar, or Veg of day \$2 Garlic spinach or Sweet potatoes \$3

B.L.T SANDWICH 12.00

With lettuce, tomato, bacon and mayo on white bread

TUNA MELT 14.00

On Rye bread with Swiss & tomato

FOOT LONG HOT 12.00

All Beef with relish and chopped onions

GRILLED CHEESE W/TOMATO AND BACON 13.00

On Thick Challah bread with American cheese

STEAK BURGER: 14.00

with Lettuce, tomato, onion, pickle on brioche bun

ADD CHEESE 1.50 ADD BACON 2.50

VEGGIE BURGER 14.00

Mixture of veggies, flax eggs and breadcrumbs

CHICKEN PHILLY 14.00 OR PRIME RIB STEAK PHILLY 16.00

With peppers, onions, Swiss and provolone

CHICKEN CLUB SANDWICH 15.00

Grilled chicken on pita with bacon, lettuce, tomato, pesto mayo

CRISPY CHICKEN B.L.T WRAP 16.00

On flour tortilla, crispy chicken, bacon

Lettuce, tomato, cheddar, drizzled ranch

MEL'S CUBAN 18.00

Roasted pork, ham, Swiss, dijonnaise, pickles on French bread

BBQ PORK SANDWICH 14.00

Pulled pork on a Brioche bun topped with BBQ sauce and coleslaw

FRIED HADDOCK FISH TACOS 14.00

With lettuce and tomato, and tartar sauce on corn tortillas

\$18 Lunch Favorites

Add soup or side salad \$3

BROILED HADDOCK w/ veggies

EGGPLANT LASAGNA with penne marinara

SPAGHETTI MEATBALLS

CARNE ASADA with rice/bean mix and sweet plantains

PENNE ALA VODKA add chicken \$6.00

MUSSELS MARINARA OR SCAMPI OVER SPAGHETTI

LEMON GRILLED CHICKEN with lemon butter and veggies

FISH FRY fried haddock with fries and coleslaw

CONSUMER ADVISORY : consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical condition

MENU ITEMS AND PRICES MAY CHANGE WITHOUT NOTICE