

SMALL PLATES

Soup of the day

*Cup 7 Bowl 12***HUMMUS PLATTER 16.00***With roasted peppers, Kalamata olives and cucumbers, pita (extra pita ...add \$2)***COCONUT SHRIMP 18.00***With a horseradish orange dipping sauce***SHRIMP COCKTAIL 18.00***With a cucumber salad and cocktail sauce***CHICKEN BITES 16.00***Choice of sauce BBQ, Honey Mustard or Teriyaki***CRISPY CHICKEN WINGS 16.00***8 with choice of bbq, teriyaki, buffalo sauce***CHEESE PLATTER 21.00***Mixed Italian meats, parmigiano Reggiano Gouda cheese, brie, rtd peppers, olives, fig spread, grapes, cheesy toast and crackers***MEL'S EMPANADAS (2) 14.00***Served with a schiracha mayo***FRIED CALAMARI 18.00***With marinara sauce***PAN SEARED LUMP CRAB CAKE 21.00***Topped with corn, bacon and Dijon aioli***MUSSELS MARINARA 21.00***OVER PASTA ADD 6.00***MEL'S STEAK BURGER 21.00***Certified black angus Steak burger With lettuce, tomato, onion, pickles served with steak fries or coleslaw add bacon 2.00 add cheese 1.00***SALADS****BLUE CHEESE, RANCH, 1000 IS., BALSAMIC VINAIGRETTE, HONEY MUSTARD, ITALIAN**
Add chicken 6 Add shrimp 8 add salmon 12**MEL'S WAY SALAD 14.00***Mixed Greens, tomato, cucumber, red onion, Sliced boiled egg. Choice of dressing***CAESAR SALAD 16.00***Romaine Hearts, fresh herb croutons, topped with Asiago Parmesan***CRISPY CHICKEN B.L.T SALAD 24.00***Mixed greens with panko crusted chicken breast Bacon, tomatoes and sprinkled cheddar w/ranch***MEL'S WEDGE SALAD 18.00***Iceberg lettuce, chunky blue cheese dressing Bacon, tomatoes***SEASONAL SALAD 18.00***Spinach, oranges, cranberries, walnuts, goat cheese with a sweet orange dressing***A LA CARTE SIDES**

Vegetable of the day 6.00

Rosemary Roasted Potatoes 6.00

Mashed Potatoes 6.00

Steak Fries or Chips 5.00

Sweet potato wedges 7.00

Sautéed Garlic Spinach 10.00

Loaded roasted potatoes 10.00

Cole Slaw 5.00

Parsley rice 5.00

Caesar Salad 5.00

Side Salad 5.00

Potato Salad 5.00

Side of pasta 10.00

Garlic oil or marinara

20%SERVICE CHARGE WILL BE ADDED TO ALL CHECKS**PASTAS**

Served with choice of soup or Side salad

Sub Caesar salad 1.00

Sub Gluten free pasta 2.00 *Please allow time for cooking*

BLACKENED SHRIMP OVER PENNE PASTA 30.00*With sautéed spinach, pesto cherry tomatoes, garlic oil and crumble goat cheese***SHRIMP SCAMPI 30.00***Sautéed in a garlic herb butter sauce over linguini***LOBSTER RAVIOLI 32.00***Sautéed in a shrimp rose sauce with chopped tomatoes***PENNE ALA VODKA 22.00***Vodka cream tomato sauce add chicken 6.00 add shrimp 10.00***LINGUINI ALFREDO WITH BROCCOLI 22.00***Add chicken 6.00 add shrimp 10.00**In a creamy parmesan sauce***LINGUINI WHITE CLAMS SAUCE 28.00***Sautéed little neck clams in a garlic live oil sauce***ENTREES**

Sides choice: Soup of the day, House salad,

Red mashed potatoes, Parsley Rice, Steak fries,

Rosemary roasted potatoes, Coleslaw, Veg of day

Sub Caesar Salad 1.00 Sub Garlic Spinach 5.00**Sub Sweet Potato Wedges 5.00 Sub side of pasta 5.00****ROSEMARY LEMON GRILLED CHICKEN BREAST 26.00***Marinated with lemon, garlic, rosemary & thyme Served with lemon butter sauce***PANKO CRUSTED CHICKEN BREAST 26.00***Panko battered layered with tomato sauce, melted mozzarella cheese topped with pesto cherry tomatoes***MUSHROOM SUN DRIED TOMATO CHICKEN 26.00***Sautéed chicken breast, with mushrooms, sun-dried tomatoes in a creamy marsala sauce***CHICKEN PICCATA 26.00***Lightly floured chicken breast with lemon butter capers***CRAB STUFFED TILAPIA 32.00***Topped with crabmeat and lemon butter sauce***BROILED HADDOCK 26.00***Topped with Breadcrumbs with lemon wine butter sauce***BLACKBERRY BROILED ATLANTIC SALMON 30.00***Seared Salmon topped with a blackberry sauce***PAN SEARED LUMP CRAB CAKES (2) 34.00***With champagne beurre blanc sauce***TWIN BONELESS PORKCHOPS 24.00***With a apple walnut chutney***ROASTED 1/2 DUCK 30.00***With orange demi glaze****CARNE ASADA 24.00 no additional sides***Thinly sliced Grilled sirloin, marinated served med-well**With rice and beans mix and sweet plantains****FISH FRY 26.00 no additional sides***Fried haddock battered served with fries and coleslaw***SHARING CHARGE ON PASTAS AND ENTREES ADD 5.00**

Consumer advisory:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical condition.

*please ask server for items available gluten free or sodium free
MENU ITEMS AND PRICES SUBJECT TO CHANGE FEB 2024