

# Dinner Menu

Tues-Thurs  
3pm-8pm

## Small Plates

### CHEESE PLATTER 18.00

Mixed Italian meats, parmigiano Reggiano, Gouda cheese, brie, rtd peppers, olives, fig spread, grapes, cheesy toast and crackers

### HUMMUS PLATTER 14.00

With roasted peppers, Kalamata olives and cucumbers, pita ( extra pita ..add \$2)

### COCONUT SHRIMP 16.00

With a horseradish orange dipping sauce

### CHICKEN BITES 16.00

Choice of sauce BBQ, Honey Mustard or Teriyaki

### FRIED CALAMARI 16.00

With marinara sauce

### MEL'S BEEF ENPANADAS (2) 14.00

Served with a schiracha mayo sauce

### PAN SEARED LUMP CRAB CAKE 19.00

Topped with corn, bacon salsa and aioli

### CRISPY CHICKEN WINGS 16.00

8 with choice of bbq, teriyaki, buffalo sauce

### SHRIMP COCKTAIL 16.00

With a cucumber salad and cocktail sauce

### FRIED GROUPER TACOS 18.00

3 with slaw, chopped tomato, cheddar and bang bang sauce

## Fresh Salads

Blue cheese, ranch, 1000 is, Balsamic vinaigrette, Honey mustard, Italian

Add Chicken 6.00 Add Shrimp 10.00

add Salmon 14.00 Add Sirloin 14.00

Add a scoop of Chicken salad or Tuna salad 4.00

### MEL'S WAY SALAD 12.00

Mixed Greens, tomato, cucumber, red onion, Sliced boiled egg. Choice of dressing

### CAESAR SALAD 14.00

Romaine Hearts, fresh herb croutons, topped with Asiago Parmesan

### STEAK SALAD 21.00

Mixed greens, cukes, tomatoes, olives, gorgonzola Sliced N.Y strip steak

### CRISPY CHICKEN B.L.T SALAD 21.00

Mixed greens with panko crusted chicken breast Bacon, tomatoes and sprinkled cheddar w/ranch

### SEASONAL SALAD 16.00

Spinach, oranges, cranberries, walnuts, goat cheese In a sweet orange dressing

### CHOPPED SALAD 16.00

Romaine, cukes, onions, tomatoes, dried cranberries Feta cheese white balsamic vinaigrette

### THE WEDGE SALAD 16.00

Iceberg lettuce, chunky blue cheese dressing, bacon, tomatoes

## Ala Carte Sides

Vegetable of the day 6.00

Rosemary Roasted Potatoes 6.00

Mashed Potatoes 6.00

Steak Fries or Chips 5.00

Sweet potato wedges 7.00

Sautéed Garlic Spinach 10.00

Loaded roasted potatoes 10.00

ColeSlaw 5.00

Parsley rice 5.00

Caesar Salad 5.00

Side Salad 5.00

Potato Salad 5.00

Side of pasta 10.00

Garlic oil or marinara

## Soup

**SOUP OF THE DAY**  
CUP 6 BOWL 10

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## Sandwiches & More

All sandwiches served with choice of steak fries, coleslaw, potato salad, fresh fruit or homemade potato chips  
SUB SIDE FOR SWEET POTATO FRIES \$3.00

### YOUR WAY STEAK BURGER : 18.00

with Lettuce, tomato, onion, pickle on brioche bun

ADD CHEESE 1.00 ADD BACON 2.00

### CHICKEN PHILLY 16.00

With peppers, onions, Swiss and provolone

### PRIME RIB STEAK PHILLY 18.00

With peppers, onions, Swiss and provolone

### DOUBLE IRON CLUB : 16.00

Turkey, Ham, Bacon, American, Swiss, lettuce & tomato On White bread

### CHICKEN CLUB SANDWICH 16.00

Grilled chicken on pita with bacon lettuce, tomato and pesto mayo

## Pastas

Served with soup of day or house salad SUB CAESAR 1.00

### PENNE A LA VODKA 20.00

In a vodka cream sauce

Add Chicken 6.00 Add Shrimp 10.00

### SHRIMP SCAMPI 28.00

Sautéed in a garlic herb butter sauce over linguini

### PENNE WITH GOAT CHEESE 20.00

Pesto cherry tomatoes, garlic oil, fresh spinach

Add Chicken 6.00 Add Shrimp 10.00

### LOBSTER RAVIOLI 30.00

Sauteed in a shrimp rose sauce with chopped tomatoes

### LINGUINI ALFREDO WITH BROCCOLI 20.00

In a creamy parmesan sauce

Add Chicken 6.00 Add Shrimp 10.00

### LINGUINI WHITE CLAMS SAUCE 26.00

Sauteed little neck clams in a garlic live oil sauce

## Entrees

Side choices: please choose two

Soup of the day, House salad, Mashed potatoes, Parsley rice

Rosemary roasted potatoes, Steak fries, Coleslaw, Veg of day

Sub Caesar Salad 1.00 Sub Garlic Spinach 5.00

Sub Sweet Potato Wedges 5.00 Sub side of pasta 5.00

### ROSEMARY LEMON GRILLED CHICKEN BREAST 24.00

Marinated with lemon, garlic, rosemary & thyme

Served with lemon butter sauce

### PANKO CRUSTED CHICKEN BREAST 24.00

Panko battered layered with tomato sauce, melted mozzarella cheese topped with pesto cherry tomatoes

### MUSHROOM SUN DRIED TOMATO CHICKEN 24.00

Sauteed chicken breast, with mushrooms, sun-dried tomatoes in a creamy marsala sauce

### CHICKEN PICCATA 24.00

Lightly floured chicken breast with lemon butter capers

### CRAB STUFFED TILAPIA 30.00

Topped with crabmeat and lemon butter sauce

### BROILED HADDOCK 24.00

Topped with Breadcrumbs with lemon wine butter sauce

### BLACKBERRY BROILED ATLANTIC SALMON 28.00

Seared Salmon topped with a blackberry sauce

\*FISH FRY 24.00 no additional sides

Fried haddock battered served with fries and coleslaw

CONSUMER ADVISORY : consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical condition

\*PLEASE ASK SERVER FOR ITEMS LOW IN SODIUM OR GLUTEN  
FREEMENU ITEMS AND PRICES MAY CHANGE WITHOUT NOTICE

Winter Feb 2024