

SMALL PLATES**Soup of the day**
Cup 7 Bowl 12**HUMMUS PLATTER 16.00***With roasted peppers, Kalamata olives and cucumbers, pita (extra pita ..add \$2)***COCONUT SHRIMP 18.00***With a horseradish orange dipping sauce***CHICKEN BITES 18.00***Choice of sauce BBQ, Honey Mustard or Teriyaki***CRISPY CHICKEN WINGS 18.00***8 with choice of bbq, teriyaki, buffalo sauce***CHEESE PLATTER 21.00***Mixed Italian meats, parmigiano Reggiano Gouda cheese, brie, rtd peppers, olives, fig spread, grapes, cheesy toast and crackers***MEL'S EMPANADAS (2) 14.00***Served with a schiracha mayo***FRIED CALAMARI 18.00***With marinara sauce***PAN SEARED LUMP CRAB CAKE 21.00***Topped with corn, bacon and Dijon aioli***MUSSELS MARINARA OR SCAMPI 21.00***OVER PASTA ADD 6.00***MEL'S STEAK BURGER 21.00***Certified black angus Steak burger With lettuce, tomato, onion, pickles served with steak fries or coleslaw add bacon 2.50 add cheese 1.50***SALADS****BLUE CHEESE, RANCH, 1000 IS., BALSAMIC VINAIGRETTE, HONEY MUSTARD, ITALIAN**
Add chicken 6 Add shrimp 8 add salmon 12**MEL'S WAY SALAD 14.00***Mixed Greens, tomato, cucumber, red onion, Sliced boiled egg. Choice of dressing***CAESAR SALAD 16.00***Romaine Hearts, fresh herb croutons, topped with Asiago Parmesan***CRISPY CHICKEN B.L.T SALAD 24.00***Mixed greens with panko crusted chicken breast Bacon, tomatoes and sprinkled cheddar w/ranch***MEL'S WEDGE SALAD 18.00***Iceberg lettuce, chunky blue cheese dressing Bacon, tomatoes***SEASONAL SALAD 18.00***Spinach, oranges, cranberries, walnuts, goat cheese with a sweet orange dressing***STEAK SALAD 24.00***Mixed greens, cukes, tomatoes, olives, gorgonzola Sliced sirloin steak balsamic vinaigrette***A LA CARTE SIDES****VEGETABLE OF THE DAY, GARLIC BROCCOLI, COLESLAW \$6**
POTATO CHIPS, FRIES \$6, CAESAR SALAD \$8, HOUSE SALAD \$7,
SWEET POTATO WEDGES OR SAUTEED GARLIC SPINACH \$8
SIDE OF PASTA MARINARA OR GARLIC OIL \$12**20%SERVICE CHARGE WILL BE ADDED TO ALL CHECKS****PASTAS****Served with choice of soup or Side salad****Sub Caesar salad 1.00**

Sub Gluten free pasta 2.00 *Please allow time for cooking*

Add chicken 6 Add shrimp 8 add salmon 12

BLACKENED SHRIMP OVER PENNE PASTA 30.00*With sautéed spinach, pesto cherry tomatoes, garlic oil and crumble goat cheese***PENNE ALA VODKA 22.00***Vodka cream tomato sauce***LINGUINI WHITE CLAMS SAUCE 28.00***Sauteed little neck clams in a garlic live oil sauce***CREAMY GARLIC PARMESAN PENNE 24.00***With peas and basil***SPAGHETTI PRIMAVERA 22.00***Seasonal vegetables In a garlic oil sauce***SPAGHETTI MEATBALLS 22.00***With tomato sauce***ENTREES**

Sides choice: Soup of the day, House salad, Red mashed potatoes, Parsley Rice, Steak fries, Rosemary roasted potatoes, Coleslaw, Veg of day

Sub Caesar Salad 1.00 Sub Garlic Spinach 5.00**Sub Sweet Potato Wedges 5.00 Sub side of pasta 5.00****TWIN SIRLOIN 32.00***2(4oz) grilled served with a cabernet demi glaze***ROSEMARY LEMON GRILLED CHICKEN BREAST 26.00***Marinated with lemon, garlic, rosemary & thyme Served with lemon butter sauce***PANKO CRUSTED CHICKEN BREAST 26.00***Panko battered layered with tomato sauce, melted mozzarella cheese topped with pesto cherry tomatoes***MUSHROOM SUN DRIED TOMATO CHICKEN 26.00***Sauteed chicken breast, with mushrooms, sun-dried tomatoes in a creamy marsala sauce***BROILED HADDOCK 28.00***Topped with Breadcrumbs with lemon wine butter sauce***BLACKBERRY BROILED ATLANTIC SALMON 32.00***Seared Salmon topped with a blackberry sauce***PAN SEARED LUMP CRAB CAKES (2) 34.00***With champagne beurre blanc sauce***TWIN BONELESS PORKCHOPS 24.00***With a apple walnut chutney***ROASTED ½ DUCK 32.00***With orange demi glaze****CARNE ASADA 26.00 no additional sides***Thinly sliced Grilled sirloin , marinated served med-well With rice and beans mix and sweet plantains****FISH FRY 26.00 no additional sides***Fried haddock battered served with fries and coleslaw***\$25 minimum spending required****SHARING CHARGE ON PASTAS AND ENTREES ADD 5.00**

Consumer advisory:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical condition.

*please ask server for items available gluten free or sodium free

MENU ITEMS AND PRICES SUBJECT TO CHANGE FEB 2024