

SMALL PLATES

Soup of the day
Cup 7 Bowl 12

HUMMUS PLATTER 14.00

Served with roasted peppers, Kalamata olives, cucumbers & pita (Side extra pita Add \$2)

COCONUT SHRIMP 18.00

Served with a horseradish orange dipping sauce

MEATBALL AND RICOTTA 14.00

(2) Meatballs simmered in tomato sauce topped with seasoned ricotta

CHICKEN BITES 16.00

Choice of BBQ, teriyaki, buffalo sauce honey mustard or blue cheese

PAN SEARED LUMP CRAB CAKE 18.00

Topped with corn, bacon and Dijon aioli

MEL'S BEEF EMPANADAS 14.00

Served with salsa verde

TERYAKI CHICKEN POTSTICKERS 14.00

(4) Over a Spicy Asian coleslaw

CHEESE PLATTER 18.00

Italian meats, parmigiano Reggiano, Gouda, Brie, olives, Roasted red peppers, fig spread, grapes & cheesy toast

MEL'S STEAK BURGER 21.00

Certified black angus Steak burger

With lettuce, tomato, onion, & pickles

Served with steak fries or coleslaw

Add bacon 2.50 Add cheese 1.50

SALADS

BLUE CHEESE, RANCH, 1000 IS., BALSAMIC VINAIGRETTE, HONEY MUSTARD, ITALIAN
Add chicken 6 Add Shrimp 10 Add Salmon 14

MEL'S WAY SALAD 14.00

Mixed Greens, tomato, cucumber, red onion, Choice of dressing

CAESAR SALAD 14.00

Romaine Hearts, fresh herb croutons, topped with Asiago Parmesan

CRISPY CHICKEN B.L.T SALAD 21.00

Mixed greens with panko crusted chicken breast Bacon, tomatoes and sprinkled cheddar w/ranch

SEASONAL SALAD 16.00

Spinach, oranges, cranberries, walnuts, goat cheese In a sweet orange dressing

THE WEDGE SALAD 16.00

Iceberg lettuce, chunky blue cheese dressing, Bacon and tomatoes

CAPRESE & PROSCIUTTO SALAD 16.00

Tomato, fresh mozzarella, roasted peppers, prosciutto Topped with balsamic glaze

STEAK SALAD 24.00

Sliced sirloin, mixed greens, black olives, red onion, tomatoes, crumble gorgonzola, balsamic

PASTAS

Served with choice of soup or Side salad

Sub Caesar salad 1.00

Sub Gluten free pasta 2.00 *Please allow time for cooking*

Add chicken 6 Add Shrimp 10 Add Salmon 14

BLACKENED SHRIMP OVER PENNE PASTA 30.00

With sautéed spinach, pesto cherry tomatoes, garlic oil and crumble goat cheese

PENNE ALA VODKA 22.00

Vodka cream tomato sauce

LINGUINI WHITE CLAMS or MUSSELS 28.00

Sauteed in a garlic olive oil sauce over linguini

SPAGHETTI MEATBALLS 22.00

With tomato sauce

TUSCAN STYLE CHEESE RAVIOLI 24.00

With a creamy sauce, sun dried tomatoes, spinach, onion, parmesan cheese

LINGUINI SHRIMP SCAMPI 30.00

Sauteed shrimp in a garlic butter sauce over linguini

ENTREES

Sides choice: Soup of the day, House salad, Red mashed potatoes, Parsley Rice, Steak fries, Rosemary roasted potatoes, Coleslaw, Veg of day

Sub Caesar Salad 1.00 Sub Garlic Spinach 5.00

Sub Sweet Potato Wedges 5.00

Sub side of pasta with garlic oil or marinara 7.00

LEMON HERB GRILLED CHICKEN BREAST 24.00

Marinated with lemon, garlic, rosemary & thyme Topped with lemon butter sauce

PANKO CHICKEN CAPRESE 26.00

Panko battered layered with tomato sauce, melted fresh mozzarella cheese topped with pesto cherry tomatoes

CHICKEN BREAST MARSALA 26.00

Grilled chicken breast, with mushrooms, sun-dried tomatoes in a creamy marsala wine sauce

BROILED HADDOCK 28.00

Topped with Breadcrumbs with lemon wine butter sauce

BLACKBERRY BROILED ATLANTIC SALMON 32.00

Seared Salmon topped with a sweet blackberry sauce

PAN SEARED LUMP CRAB CAKES (2) 34.00

Topped with a champagne beurre blanc sauce

TWIN BONELESS PORKCHOPS 24.00

Topped with a warm apple walnut chutney

ROASTED ½ DUCK 32.00

Topped with orange demi glaze

\$25 minimum spending required PER PERSON

SHARING CHARGE ON PASTAS

AND ENTREES ADD 5.00

Consumer advisory:

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical condition.

*Please ask server for items available gluten free or sodium free

MENU ITEMS AND PRICES SUBJECT TO CHANGE

A LA CARTE SIDES

VEGETABLE OF THE DAY, GARLIC BROCCOLI, COLESLAW \$6
POTATO CHIPS, FRIES \$6 CAESAR SALAD \$8, HOUSE SALAD \$7,
SWEET POTATO WEDGES OR SAUTEED GARLIC SPINACH \$8
SIDE OF PASTA MARINARA OR GARLIC OIL \$12

20%SERVICE CHARGE WILL BE ADDED TO ALL CHECKS